

LECTURE 14

In this lecture, we give a brief introduction to stable homotopy theory and spectra.

From this lecture on, we use the notation

$$\mathbf{Spc} := \mathbf{Grpd}_\infty.$$

1. STABLE HOMOTOPY GROUPS

1.1. Let \mathbf{Top}_* be the ordinary category of pointed spaces. There is an adjunction

$$\Sigma : \mathbf{Top}_* \rightleftarrows \mathbf{Top}_* : \Omega,$$

where

- The left adjoint Σ is the **(based) suspension functor** given by

$$\Sigma X := \mathbb{S}^1 \wedge X := (\mathbb{S}^1 \times X) / ((\{*\} \times X) \cup (\mathbb{S}^1 \times \{*\})).$$

- The right adjoint Ω is the **loop functor** given by

$$\Omega Y := \underline{\mathbf{Hom}}_{\mathbf{Top}_*}(\mathbb{S}^1, Y),$$

where the RHS is equipped with the *compact-open topology*.

1.2. In fact, this adjunction is compatible with Quillen's classical model structure¹. Taking derived functors, we obtain an adjunction

$$(1.1) \quad \mathbb{L}\Sigma : \mathbf{hTop}_* \rightleftarrows \mathbf{hTop}_* : \mathbb{R}\Omega.$$

Since pointed CW complexes are bifibrant, we have

$$[\Sigma X, Y] \simeq [X, \Omega Y]$$

where $[-, -]$ is the set of homotopy classes of continuous maps.

Exercise 1.3. *Show that $\Sigma \mathbb{S}^n \simeq \mathbb{S}^{n+1}$.*

Exercise 1.4. *For $Y \in \mathbf{Top}_*$, there is a canonical isomorphism $\pi_{n+1}(Y) \simeq \pi_n(\Omega Y)$ where the group structure on the RHS is induced by the concatenation map $\Omega Y \times \Omega Y \rightarrow \Omega Y$.*

Date: Nov. 8, 2024.

¹For this to be true, we have to replace \mathbf{Top} by the category of *compactly generated topological spaces* (to make sure it is Cartesian closed). Any CW complex is compactly generated.

1.5. For pointed CW complexes X and Y , define

$$[X, Y]_s := \operatorname{colim}_k [\Sigma^k X, \Sigma^k Y].$$

Exercise 1.6. Show that $[X, Y]_s$ is naturally an abelian group. *Hint:*

$$[\Sigma^{k+2} X, \Sigma^{k+2} Y] \simeq [\Sigma^k X, \Omega^2 \Sigma^{k+2} Y].$$

Definition 1.7. Let Y be a pointed CW complex, the n -th **stable homotopy group** of Y is defined to be

$$\pi_n^s(Y) := \operatorname{colim}_k \pi_{n+k}(\Sigma^k Y).$$

Example 1.8. The group $\pi_n(\mathbb{S}) := \pi_n^s(\mathbb{S}^0)$ is called the n -th stable homotopy group of the sphere (spectrum). Up to today, people have calculated them for $n \leq 90$.

1.9. **Stable homotopy theory** studies the stable homotopy groups of spaces, and more generally, the limit behavior of various homotopy invariants under the suspension functor Σ^k , $k \rightarrow \infty$. In contrast, the usual homotopy theory is referred as the **unstable homotopy theory**. Our guiding philosophy is

Slogan 1.10. *Stable homotopy theory is the linearization of unstable homotopy theory:*

$$\text{stable homotopy theory} = \text{linear algebra in homotopy theory}.$$

2. SPECTRA

2.1. In previous lectures, we have explained the following philosophy. In order to capture all the homotopy invariant information in \mathbf{Top} , we need to work with the ∞ -category \mathbf{Spc} of spaces rather than its homotopy 1-category $\mathbf{hSpc} \simeq \mathbf{hTop}$. Similarly, the homotopy invariant information of *pointed* spaces should be captured by the coslice ∞ -category

$$\mathbf{Spc}_* := \mathbf{Spc}_{\{*\}}.$$

It follows that the “correct” playground for *stable* homotopy theory should be an ∞ -categorical *stabilization* or *linearization* \mathbf{Spc}_* . For instance, we hope for (good) objects $X, Y \in \mathbf{Spc}_*$, the corresponding mapping space in this stabilized ∞ -category is given by

$$\operatorname{colim}_k \operatorname{Maps}_{\mathbf{Spc}_*}(\Sigma^k X, \Sigma^k Y).$$

Let us first define the ∞ -categorical version of Σ and Ω .

Definition 2.2. We say an ∞ -category \mathcal{C} is **pointed** if it admits an object $0 \in \mathcal{C}$ which is both initial and final. We call it the **zero object** of \mathcal{C} .

Exercise 2.3. Let \mathcal{C} be an ∞ -category that admits a final object $*$, show that $\mathcal{C}_*/$ is pointed. In particular, \mathbf{Spc}_* is pointed.

Definition 2.4. Let \mathcal{C} be a pointed ∞ -category that admits finite colimits. The **suspension functor** on \mathcal{C} is defined as

$$\Sigma : \mathcal{C} \rightarrow \mathcal{C}, X \mapsto 0 \sqcup_X 0.$$

Definition 2.5. Let \mathcal{C} be a pointed ∞ -category that admits finite limits. The **loop functor** on \mathcal{C} is defined as

$$\Omega : \mathcal{C} \rightarrow \mathcal{C}, Y \mapsto 0 \times_Y 0.$$

Exercise 2.6. Let \mathbf{C} be a pointed ∞ -category that admits both finite limits and colimits. Construct an adjunction:

$$\Sigma : \mathbf{C} \rightleftarrows \mathbf{C} : \Omega.$$

Exercise 2.7. For $\mathbf{C} := \mathbf{Spc}_*$, the above adjunction induces an adjunction for homotopy categories:

$$\mathbf{h}\Sigma : \mathbf{hSpc}_* \rightleftarrows \mathbf{hSpc}_* : \mathbf{h}\Omega.$$

Show that this adjunction can be identified with (1.1) via the equivalence $\mathbf{hSpc}_* \simeq \mathbf{hTop}_*$.

2.8. The construction

$$\mathbf{Maps}(-, -) \mapsto \operatorname{colim}_k \mathbf{Maps}(\Sigma^k(-), \Sigma^k(-)).$$

can be viewed as formally inverting the functor Σ .

Exercise 2.9. Let A be a commutative ring and $f \in A$ be an element. Show that

$$A_f \simeq \operatorname{colim} [A \xrightarrow{f} A \xrightarrow{f} \dots]$$

2.10. Let \mathbf{C} be a pointed ∞ -category that admits both finite limits and colimits. Motivated by the above construction, we would like to define the stabilization of \mathbf{C} to be

$$\operatorname{colim} [\mathbf{C} \xrightarrow{\Sigma} \mathbf{C} \xrightarrow{\Sigma} \dots].$$

However, we need to be careful about where this colimit is taken inside. For instance, when \mathbf{C} is presentable, such as \mathbf{Spc}_* , we would like to obtain a presentable ∞ -category.

Exercise 2.11. Let \mathbf{C} be a pointed presentable ∞ -category. Show that the colimit

$$\operatorname{colim} [\mathbf{C} \xrightarrow{\Sigma} \mathbf{C} \xrightarrow{\Sigma} \dots] \in \mathbf{Pr}^{\mathbf{L}}$$

corresponds to the limit

$$\lim [\mathbf{C} \xleftarrow{\Omega} \mathbf{C} \xleftarrow{\Omega} \dots] \in \mathbf{Pr}^{\mathbf{R}}$$

via $\mathbf{Pr}^{\mathbf{L}} \simeq (\mathbf{Pr}^{\mathbf{R}})^{\text{op}}$.

2.12. Recall limits in $\mathbf{Pr}^{\mathbf{R}}$ can be calculated as limits in $\widehat{\mathbf{Cat}}_{\infty}$. This motivates the following definition.

Definition 2.13. Let \mathbf{C} be a pointed ∞ -category that admits finite limits. Define

$$\mathbf{Sptr}(\mathbf{C}) := \lim [\mathbf{C} \xleftarrow{\Omega} \mathbf{C} \xleftarrow{\Omega} \dots]$$

and call it the ∞ -category of **spectrum objects** of \mathbf{C} . We denote the evaluating morphism for the $(k+1)$ -term by

$$\Omega^{\infty-k} : \mathbf{Sptr}(\mathbf{C}) \rightarrow \mathbf{C}.$$

Example 2.14. For $\mathbf{C} := \mathbf{Spc}_*$, write

$$\mathbf{Sptr} := \mathbf{Sptr}(\mathbf{Spc}_*)$$

and call it the ∞ -category of **spectra**.

Exercise 2.15. Show that $\Omega : \mathbf{C} \rightarrow \mathbf{C}$ preserves finite limits. Deduce that $\mathbf{Sptr}(\mathbf{C})$ admits finite limits and the functors $\Omega^{\infty-k}$ preserve and detect them.

Exercise 2.16. Show that $\mathbf{Sptr}(\mathbf{C})$ is pointed.

Exercise 2.17. Let $\Omega_{\mathrm{Sptr}(\mathbb{C})}$ be the loop functor on $\mathrm{Sptr}(\mathbb{C})$. Show that

$$\Omega^{\infty-k} \circ \Omega_{\mathrm{Sptr}(\mathbb{C})}(E) \simeq \Omega^{\infty-k+1}(E).$$

Deduce that $\Omega_{\mathrm{Sptr}(\mathbb{C})}$ is an equivalence. *Hint:*

$$\begin{array}{ccc} \mathbb{C} & \xleftarrow{\Omega} & \mathbb{C} \xleftarrow{\Omega} \dots \\ \downarrow \Omega & & \downarrow \Omega \\ \mathbb{C} & \xleftarrow{\Omega} & \mathbb{C} \xleftarrow{\Omega} \dots \end{array}$$

Exercise 2.18. Show that

$$\Omega^{\infty-k} : \mathrm{Sptr}(\mathrm{Sptr}(\mathbb{C})) \rightarrow \mathrm{Sptr}(\mathbb{C}).$$

is an equivalence.

Remark 2.19. In the next lecture, we will define and study **stable** ∞ -**categories**, which are exactly those pointed ∞ -category admitting finite limits such that Ω is an equivalence.

Exercise 2.20. Show that $\mathrm{hSptr}(\mathbb{C})$ is an additive category. *Hint:*

$$\mathrm{Maps}_{\mathrm{Sptr}(\mathbb{C})}(E, E') \simeq \Omega^2 \mathrm{Maps}_{\mathrm{Sptr}(\mathbb{C})}(E, \Sigma^2 E').$$

3. SPECTRA AND INFINITE LOOP SPACES

3.1. Informally speaking, knowing an object $X \in \mathrm{Sptr}(\mathbb{C})$ is equivalent to knowing the following datum

- For any $n \geq 0$, an object $X_n \in \mathbb{C}$;
- For any $n \geq 0$, an equivalence $X_n \simeq \Omega X_{n+1}$.

Here we take X_n to be $\Omega^{\infty-k} X$.

Note that X_{n+1} , equipped with the equivalence $X_n \simeq \Omega X_{n+1}$, gives a **delooping** of X_n . As a consequence, we obtain the following slogan.

Slogan 3.2. A spectrum is a space **equipped** with infinite deloopings.

Warning 3.3. For a space $Y \in \mathrm{Spc}_*$, its delooping is not unique even up to homotopy. Hence in above, it is crucial to remember all the deloopings.

3.4. Note that a loop space ΩZ is equipped with a homotopy coherent multiplicative structure, which makes $\pi_0(\Omega Z)$ an abstract group. In future lectures, we will rigorously define such a structure, and call it a *grouplike \mathbb{E}_1 -structure*. Moreover, given a grouplike \mathbb{E}_1 -space Y , there is an essentially unique connected delooping of Y , denoted by $\mathbb{B}Y$, such that $Y \simeq \Omega \mathbb{B}Y$ is compatible with the grouplike \mathbb{E}_1 -structures.

Moreover, we will generalize the above to iterated loop spaces $\Omega^n Z$ and *grouplike \mathbb{E}_n -spaces*. In fact, this even works for $n = \infty$, and we will explain the following slogan.

Slogan 3.5. A connective spectrum² is a grouplike \mathbb{E}_∞ -space.

²We say a spectrum $E \in \mathrm{Sptr}$ is **connective** if $\pi_n E \simeq 0$ for $n < 0$. See Definition 4.7 below.

4. SPACES VS. SPECTRA

4.1. In this section, we focus on the case when \mathbf{C} is pointed and presentable, such as $\mathbf{C} := \mathbf{Spc}_*$. By definition, we have a colimit diagram

$$[\mathbf{C} \xrightarrow{\Sigma} \mathbf{C} \xrightarrow{\Sigma} \dots] \rightarrow \mathbf{Sptr}(\mathbf{C}) \in \mathbf{Pr}^{\mathbf{L}}$$

and a limit diagram

$$[\mathbf{C} \xleftarrow{\Omega} \mathbf{C} \xleftarrow{\Omega} \dots] \leftarrow \mathbf{Sptr}(\mathbf{C}) \in \mathbf{Pr}^{\mathbf{R}}.$$

It follows that we have an adjunction

$$\Sigma^{\infty-k} : \mathbf{C} \rightleftarrows \mathbf{Sptr}(\mathbf{C}) : \Omega^{\infty-k}$$

with $\Sigma^{\infty-k}$ given by the evaluating morphism for the $(k+1)$ -term.

Example 4.2. *The object*

$$\mathbb{S} := \Sigma^{\infty} \mathbb{S}^0 \in \mathbf{Sptr}$$

*is called the **sphere spectrum**. It plays the role of \mathbb{Z} in homotopical algebra.*

Example 4.3. *Let A be an abstract abelian group. For each n , choose an Eilenberg–MacLane space $K(A, n)$, which is characterized up to homotopy by $\pi_n K(A, n) \simeq A$ and $\pi_m K(A, n) \simeq 0$ for $m \neq n$. We can also choose weak homotopy equivalences*

$$K(A, n) \xrightarrow{\sim} \Omega K(A, n+1).$$

*These choices give an object $\mathbb{H}A \in \mathbf{Sptr}$, which is well-defined up to homotopy. We call it an **Eilenberg–MacLane spectrum** for A .*

Remark 4.4. *In future lectures, we will characterize $\mathbb{H}A$ up to a contractible space of choices.*

Exercise 4.5. *Let $E \in \mathbf{Sptr}(\mathbf{C})$, show that*

$$\operatorname{colim}_k \Sigma^{\infty-k} \Omega^{\infty-k} E \xrightarrow{\sim} E.$$

Exercise 4.6. *Suppose \mathbf{C} is compactly generated, show that for any $X \in \mathbf{C}$ and $j \geq 0$,*

$$\operatorname{colim}_{k \geq j} \Omega^{k-j} \Sigma^k X \xrightarrow{\sim} \Omega^{\infty-j} \Sigma^{\infty} X.$$

Deduce that if $X \in \mathbf{C}$ is compact, then for any $Y \in \mathbf{C}$, we have

$$\operatorname{Maps}_{\mathbf{Sptr}(\mathbf{C})}(\Sigma^{\infty} X, \Sigma^{\infty} Y) \simeq \operatorname{colim}_k \operatorname{Maps}_{\mathbf{C}}(\Sigma^k X, \Sigma^k Y).$$

Definition 4.7. *Let $E \in \mathbf{Sptr}$ be a spectrum. For any $n \in \mathbb{Z}$, we define the **n -th homotopy group** of E to be*

$$\pi_n(E) := \pi_0 \operatorname{Maps}(\mathbb{S}, \Omega^n E),$$

where $\Omega^n := \Sigma^{-n}$ for $n < 0$.

Remark 4.8. $\pi_n(E)$ *is an abelian group because \mathbf{hSptr} is additive.*

Exercise 4.9. *For $Y \in \mathbf{Spc}_*$, show that*

$$\pi_n(\Sigma^{\infty} Y) \simeq \pi_n^{\mathbb{S}}(Y).$$

In particular, it vanishes for $n < 0$.

Remark 4.10. *The above exercise implies all the stable homotopy groups of the spheres are encoded as the usual homotopy groups of the space $\mathbf{Maps}_{\mathbf{Sptr}}(\mathbb{S}, \mathbb{S})$. Note that this space admits a homotopy coherent multiplication structure³.*

Exercise 4.11. *Let $E \in \mathbf{Sptr}$ be a spectrum. Show that $\Omega^\infty E \simeq \{*\}$ iff $\pi_n E \simeq 0$ for $n \geq 0$.*

5. FINITE SPECTRA

Exercise 5.1. *Let $\mathbf{C} := \mathbf{Ind}(\mathbf{C}_0)$ be the ind-completion of an essentially small pointed ∞ -category that admits finite limits and colimits. Show that*

$$\mathbf{Sptr}(\mathbf{C}) \simeq \mathbf{Ind}(\mathbf{colim} [\mathbf{C}_0 \xrightarrow{\Sigma} \mathbf{C}_0 \xrightarrow{\Sigma} \mathbf{C}_0 \cdots]),$$

where the colimit is taken inside \mathbf{Cat}_∞ . Deduce that $\mathbf{Sptr}(\mathbf{C})$ is compactly generated.

Example 5.2. *For $\mathbf{C} = \mathbf{Spc}_*$, we can take $\mathbf{C}_0 := \mathbf{Spc}_*^{\mathbf{fin}}$, where $\mathbf{Spc}^{\mathbf{fin}} \subset \mathbf{Spc}$ is the smallest full sub- ∞ -category that contains $*$ and admits all finite colimits⁴. Write*

$$\mathbf{Sptr}^{\mathbf{fin}} := \mathbf{colim} [\mathbf{Spc}_*^{\mathbf{fin}} \xrightarrow{\Sigma} \mathbf{Spc}_*^{\mathbf{fin}} \xrightarrow{\Sigma} \mathbf{Spc}_*^{\mathbf{fin}} \cdots]$$

and call it the ∞ -category of **finite spectra**. We obtain an equivalence

$$\mathbf{Ind}(\mathbf{Sptr}^{\mathbf{fin}}) \simeq \mathbf{Sptr},$$

which allows us to identify $\mathbf{Sptr}^{\mathbf{fin}}$ as a full sub- ∞ -category of \mathbf{Sptr} .

Theorem 5.3. *We have⁵ $\mathbf{Sptr}^{\mathbf{fin}} \simeq \mathbf{Sptr}^{\mathbf{cpt}}$.*

APPENDIX A. SPECTRA AND COHOMOLOGY THEORIES

Construction A.1. *Let $E \in \mathbf{Sptr}$ be a spectrum. For any CW pair (X, Y) , define*

$$E^n(X, Y) := \pi_{-n}(\mathbf{Maps}(\Sigma^\infty(X/Y), E)).$$

Write $E^n(X) := E^n(X, \emptyset)$.

Exercise A.2. *For any CW pair (X, Y) , construct a long exact sequence*

$$\cdots E^n(X, Y) \rightarrow E^n(X) \rightarrow E^n(Y) \rightarrow E^{n+1}(X, Y) \rightarrow E^{n+1}(X) \rightarrow E^{n+1}(Y) \rightarrow \cdots.$$

Exercise A.3. *Assign a (**generalized**) **cohomology theory** (on CW pairs) to a spectrum E . What do you get for $E := \mathbb{H}A$ or \mathbb{S} ?*

Exercise A.4. *Show that any cohomology theory is represented (in the above sense) by a spectrum, which is unique up to homotopy.*

Warning A.5. *Nonzero morphisms between spectra could induce zero transformations between cohomology theories. Such maps are called **phantom maps**. See this [MathOverflow question](#).*

Remark A.6. *We also have similar story for homology theories. However, such construction uses the smash products on spectra, which we have not defined yet.*

A.7. **Suggested readings.** HA.1.4.1.

³We have not yet defined what this means!

⁴An object is contained in $\mathbf{Spc}^{\mathbf{fin}}$ iff it can be represented by a finite CW complex.

⁵This result is well-known. For example, see this [MathOverflow question](#).